



INNER SERENITY BODYWORKS  
 LYNNE ALSTON LMT MA-15660  
 105B WEST MAIN SUITE 112  
 PUYALLUP, WA 98371  
 253-640-3155

Date \_\_\_\_\_

### Client Registration and Health Information

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Occupation \_\_\_\_\_

Physician name \_\_\_\_\_ Phone \_\_\_\_\_

Referred by \_\_\_\_\_ Have you had a massage before? \_\_\_\_\_

If so, for what? \_\_\_\_\_ Type of massage? \_\_\_\_\_

**Check all that apply, past or present.**

Hospitalization  Surgeries/Accidents  Herniated/Ruptured disc  Scoliosis  Bursitis

Infectious Disease  High Blood Pressure  Blood clots  Varicose Veins  Diabetes

Currently Pregnant  Cancer/Tumors  Headaches/Migraines  Chronic Illness

Pain:  Back  Low Back  Neck  Shoulder  Arm  Leg  Other \_\_\_\_\_

Allergies: \_\_\_\_\_

Other pertinent health information: \_\_\_\_\_

Current Medications: \_\_\_\_\_

I understand this massage, Reiki, cupping or bodywork session(s) is for the purpose of relaxation and stress reduction relief from muscle pain or spasm, and for increasing circulation. I further understand that licensed massage practitioners do not diagnose illness or prescribe medical/pharmaceutical treatment. This session or others to follow are not a substitute for medical examination and it is recommended that I contact a licensed health care provider for any medical or health conditions or concerns I might have.

I understand that I am financial responsible for all charges. 24 hours' notice is required to cancel an appointment without charge. Cancellations made between 24 and 6 hours prior to an appointment will incur a 50% charge. Less than 6 hour notice of cancellation will incur a 100% charge. I understand that I am responsible for all charges not covered by insurance.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of client or guardian if under 18 years of age